

Robin Miller, M.S.



Robin Miller has been a chef, nutritionist and food writer since 1990 and is the author of the best-selling cookbook “Quick Fix Meals.” Her popular show, *Quick Fix Meals with Robin Miller*, currently airs on Food Network, and her prime time show, *Robin to the Rescue* premiered on Food Network in March 2007.

Robin’s recipes and nutrition features can be seen regularly in a variety of magazines, including *Clean Eating*, *Experience Life*, *Guideposts*, *Cooking Light*, *Health*, *Fit Pregnancy*, and *Toddler*. Robin is also the author of nine books including her latest, “Robin Rescues Dinner: 52 Weeks of Quick-Fix Meals and a Realistic Plan to Get Weeknight Dinners on the Table.”

Robin has been a guest on hundreds of local and national television and radio programs and has hosted home videos (for Jane Fonda), cable television vignettes (for Food Network and a variety of food companies) and spoken at media events in various markets nationwide.

She regularly appears on local, network and cable television, with past appearances including *The Early Show* (CBS), *Regis & Kelly*, *The View*, *The Today Show* (NBC), *Good Morning America*(ABC), CNN, *ABC Eyewitness News* and *CBS Evening News*.

As a nutrition expert and chef, Robin has teamed up with Tyson Foods to provide strategies and tips for using *Tyson*® Fully Cooked Heat ‘N Eat Dinner Meats to create fast and flavorful recipes perfect for the fall season, leaving couples more time to connect and *Embrace Dinner*™ together.