

# Live Like A Champion Tour



## Athlete Biographies



**Laila Ali**, born December 30, 1977, is an athlete and champion of health and fitness and is considered one of the most recognizable and prominent female boxers of all time. Ali entered the world of boxing in 1999 and remains the Super Middleweight Boxing Champion of the world boasting a 24-0 record with 21 knockouts. Her first fight lasted a mere 31 seconds, as Ali knocked out her opponent in the first round. She is the proud holder of five World Championships. Outside of the ring, Ali took her athletic ability to the dance floor where she strutted her way to the finals in ABC's hit show "Dancing with the Stars." In January 2008, Ali joined Hulk Hogan as co-host of NBC's "American Gladiators." The show's premiere was the highest-rated new series premiere on any network among adults 18-49 for the 2007-08 season. Ali has also been named the new Health and Lifestyle Correspondent for CBS' The Early Show. Ali is married to NFL star Curtis Conway. Laila and Curtis are proud parents to their new son, CJ Jr., born last September.

Her favorite physical activities include running, pilates, spinning and weight training. The fruits and vegetables that keep Laila punching are peaches, berries, mango, watermelon, green beans, spinach, corn and asparagus.

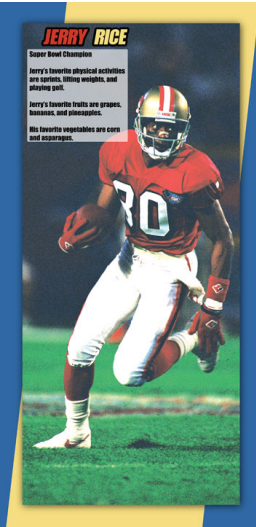
With Laila Ali's "Champion Corner," children step into the ring for a round with a speed bag and learn about the importance of conditioning activities such as push-ups, sit-ups and jumping rope.



**Misty May-Treanor** born July 30, 1977 in Los Angeles, California is arguably one of the most naturally gifted volleyball players ever. May-Treanor and partner Kerri Walsh captured their second straight gold medal at the 2008 Beijing Summer Olympic Games. May-Treanor's 17 wins (domestic plus international) in 2005 are tied for the most ever among women. At the AVP Chicago Open in July of 2008, she became the fastest player ever to 100 career titles, making it in just her 153rd event. She is the first woman in history to reach the century mark and just the fifth player overall. May-Treanor's athletic success fits with her family's background. She learned how to play volleyball from her father, Robert "Butch" May, who was on the 1968 U.S. volleyball team. May-Treanor's late mother, Barbara, played tennis at UCLA, and her cousin, Taylor Dent, was a member of the U.S. Olympic tennis team in Athens. Misty is married to professional Baseball player Matt Treanor. Misty also recently made an appearance on ABC's new reality show called "Shaq vs.," where he battles other superstar athletes at their sports. Misty and Keri both competed against Shaq in a game of beach volleyball.

Her favorite physical activities include running and jump roping at least 30 minutes every day, bike riding, walking and lifting weights. The fruits and vegetables Misty eats to stay healthy are oranges, mangos, watermelon, grapefruit, bananas, broccoli, spinach and nuts.

With Misty May-Treanor's "Dig, Set and Spike Like a Champion" children step up to the net and learn how to spike or dig a volleyball as another way to be active and have fun.



**Jerry Rice**, born October 13, 1962, is widely regarded as one of the greatest players in NFL history, consistently showing exceptional performance and strong work ethic on and off the field. He won three Super Bowl rings as a member of the San Francisco 49ers, (1985–2000) and an AFC Championship with the Oakland Raiders (2001–2004). Rice is the all-time leader in every major statistical category for wide receivers. During his 20 seasons with the NFL, Rice caught more passes (1,549), totaled more yardage (22,895), and scored more touchdowns (207) than any player in the league’s history. Rice recently competed in the reality TV show *Dancing with the Stars*, where he, to his great surprise, achieved amazing success in the show, reaching the final two. This fall Rice is set to make a guest appearance on the CW’s hit show “One Tree Hill”. Rice has three children of his own.

His favorite physical activities include sprinting, lifting weights and playing golf. The fruits and vegetables Jerry eats to stay healthy are grapes, pineapple, bananas, corn and asparagus.

With Jerry Rice’s “Catch Like a Champion,” children make the winning catch in the end zone by diving onto an inflatable mat while hearing messages encouraging 30-60 minutes of physical activity a day.



athlete.

**Lisa Leslie**, born July 7, 1972, in Gardena, Ca., and a graduate of the University of Southern California, is arguably the most-recognized player in the WNBA. She won her fourth straight gold medal at the 2008 Beijing Summer Olympic Games with the second-highest field-goal percentage and the second-most blocked shots in the field. Leslie is tied with one other basketball player for the most gold medals earned for this feat. Besides being an Olympic Champion and three-time WNBA MVP, Leslie continues to lead the charge for the Los Angeles Sparks. The Sparks won the WNBA title for the first time in 2001. The same year Leslie was named MVP of the league, the all-star game and the finals, becoming the first player ever to garner all three awards in the same season. She also became the first player to score with a dunk in a WNBA game. In June of 2007 she gave birth to her first child. She continues to be the WNBA’s leader in all-time points and all-time rebounds. Yet another milestone, Lisa Leslie is the first player in WNBA history to score 6,000 plus points. Leslie is back with the Sparks for the 2009 season. Off the court, Leslie recently took third place, with celebrity partner Dan Cortese, in ABC’s hit summer show “Superstars,” which pairs world-class athletes and celebrities together to determine the world’s best

Her favorite physical activities include playing volleyball and tennis. The fruits and vegetables Lisa eats to stay healthy are apples, peaches, strawberries, spinach, broccoli and green beans.

With Lisa Leslie’s “Hoop Like a Champion,” children shoot to score by attempting different basketball shots with various colored balls representing different healthy foods.



**Julie Foudy**, born January 23, 1971, in San Diego, Ca., and a graduate of Stanford University, is considered one of the most influential female athletes in the United States. Foudy is the former Captain of the US Women's National Team. She was captain on the National Team for 13 of her 17 years with the team. She participated in 4 Women's World Cups and 3 Olympics for the USA Team. She is a two-time World Cup Champion and is also a 1996 Olympic Gold medalist, 2000 Olympic Silver medalist and 2004 Olympic Gold medalist. Her National Team career ended with 45 goals, 59 assists and 272 international appearances (caps) for the USA. Her 272 caps rank third in the world all-time, male or female. Inducted into the US National Soccer Hall of Fame in 2007, alongside longtime teammate and friend, Mia Hamm, Julie and Mia were only the 6th and 7th women ever to be inducted into the Hall of Fame and the first ever ALL FEMALE induction class. Foudy also founded the Julie Foudy Sports Leadership Academy (JFSLA) in 2006, along with her husband Ian Sawyers. Foudy is currently an analyst for ABC/ESPN and the NBC Olympics, director of her Julie Foudy Sports Leadership Academies, motivational speaker, and proud mother of two children, Isabel and Declan.

Her favorite physical activities include running, beach volleyball mountain biking and golf. The fruits and vegetables Julie eats to stay healthy are strawberries and asparagus.

With Julie Foudy's "Kick Like A Champion," children shoot multicolored soccer balls representing fruits and vegetables into a goal to learn the importance of a balanced diet.