

David L. Katz MD, MPH, FACPM, FACP

Dr. David Katz is a nationally renowned authority on nutrition, weight control, and the prevention of chronic disease. He is an Associate Professor (adjunct) of Public Health Practice, and formerly the Director of Medical Studies in Public Health, at the *Yale University School of Medicine*. Dr. Katz directs the *Yale Prevention Research Center* which he co-founded in 1998. As director of this clinical research laboratory dedicated to chronic disease prevention, Katz has served as Principal Investigator for numerous community and clinical trials, and has acquired and managed over \$20 million in research funds.

Dr. Katz earned his BA from Dartmouth College, his MD from the Albert Einstein College of Medicine, and his MPH from the Yale University School of Public Health. He is board-certified in Internal Medicine, and Preventive Medicine/Public Health. He has practiced primary care/Internal Medicine for over 15 years, and early in his career worked part-time as an emergency physician during a 6-year period.

Dr. Katz has published nearly 100 scientific articles and chapters; innumerable abstracts, newsletter articles, health columns, essays, poems; and 9 books to date. His 9th and most recent book, "*The Flavor Point Diet*," (Rodale: January, 2006) introduces a groundbreaking strategy for weight control based on the principle of *sensory specific satiety*, and the thoughtful distribution of flavors; it is in bookstores nationwide as of January, 2006, and in Europe as of April, 2006.

Elected to the governing board of the *American College of Preventive Medicine* in 2002, and elected President of the *Association of Teachers of Preventive Medicine* in 2004, Katz has twice been recognized as one of America's top physicians in Preventive Medicine by the *Consumers' Research Council of America*.

In 2005, Dr. Katz became a Medical Contributor for *ABC News*, with regular appearances on Good Morning America, 20/20, World News Tonight, and other ABC programming. Also in 2005, Dr. Katz became a syndicated health/nutrition columnist for *The New York Times*. He is the nutrition columnist to 'O,' the *Oprah Magazine* (his column, entitled 'The Way to Eat,' appears in every issue), and a frequent contributor of expert opinion on nutrition and obesity to the news media, including *The New York Times*, *The Wall Street Journal*, *The Washington Post*, *The Chicago Tribune*, *The Boston Globe*, *HealthDay News*, *The Associated Press*, and others.

He is currently an advisor on weight control policy to the *National Governors Association*, and gave the opening plenary address at a meeting of the nation's governors in Washington, D.C., in February, 2006. Katz lectures on effective strategies for weight control and better nutritional health to audiences ranging from elementary school children, to academic colleagues and public health leaders, and has speaking engagements booked a year in advance, or more.